

IDEA Alumni Testimonials

Heike Kraemer, D.M.D. Ph.D., M.Sc., Miles Guyton, D.D.S.

**“Occlusion of the 21st Century”: The Modern Approach to Function, TMJ, & Bruxism -
Diagnosis & Treatment Planning for Predictable and Stable Dentistry**

"This course exceeded my expectations. I've learned solutions and protocols to better treat occlusal level issues to provide long term results for my restorative patients. Additionally, I've seen orthodontic solutions for more conservative treatment and better results."

John Barksdale, General Practitioner, Baton Rouge, LA

"This is a great course to clarify occlusion confusion. The information is provided in a concise and logical manner, but without "dumbing" it down. It has completely changed my understanding of what's possible in dentistry. A MUST course for anybody looking to expand their practice beyond single tooth dentistry."

Denys Kovalchuk, General Practitioner, Mill Valley, CA

"Knowledge base of lecturing assistants was excellent. Top drawer continuing education program in a superb participating setting."

Terry Koltek, General Practitioner, Winnipeg, MB, Canada

"Going back to basics and fundamentals. Dr. Heike Kraemer, you have changed our view of Dentistry in relation to human body. We wish we learnt this in dental schools. Every doctor should know the relationship between the human body. The best facility for dental CE courses at the highest level."

Reddy Nandikonda, General Practitioner, Toronto, ON, Canada

"It is refreshing to be encouraged to step back and evaluate the patient. Learning the underlying etiology of their "dental" complaints allows for a more clear avenue to appropriate treatments and stable outcomes."

Richard Hayden, General Practitioner, Saltspring Island, BC, Canada

"This is by far the best education, as well as philosophy on dental treatment and techniques that I have been to. I structure my yearly schedule in order to attend more courses."

Morgan Strawn, Oral Surgeon, Kahului, HI

"I would say that I always leave excited to implement all of the new techniques and principles. I am never disappointed with the attention to detail put into the courses. I appreciate that Heike cares passionately and it shows. Thank you!"

Cheryl Terrell, General Practitioner, Mitchellville, MD



"At a time where quality education and professional gatherings seem to be slipping away, IDEA has found the right recipe to create a very special experience."

Randy Buntyn, General Practitioner, Gulfport, MS

"Very thorough, complete understanding of what is being taught. Great hands-on, great support help."

David Geffre, Dental Technician, Woodbury, MN

"All the teachers are very knowledgeable and detailed oriented, caring and supportive. Entire course is on point and highly advisable."

Jethro Cha, General Practitioner, Anchorage, AK

"I came to this course because I needed some CE hours and thought it sounded interesting. I will leave this course completely re-thinking how I practice. This knowledge is incredibly valuable. This should have been the first course I took out of school! I thought I was a good dentist and now I know I can be great! Thank you, Dr. Kraemer and Dr. Guyton. "

Brett Williams, General Practitioner, Okotoks, AB, Canada

"This course was very eye-opening and showed what can be done with some difficult cases. The information is second to none and likely the only place in the United States teaching the Slavicek concept."

Justin Kiggins, General Practitioner, Carson City, NV

"IDEA is a very special place for dental continuing education. The quality of the entire experience is second to none in today's world. The lecturers are true leaders and great teachers. I will come back."

Jeff Cummings, Prosthodontist, Waltham, MA

"Great personal connection with lecturer. Enjoyed learning very much new concepts, very much at IDEA."

Kohei Fujimoto, Periodontist, Chuo-Ku, Tokyo-To, Japan

"This occlusion course has demystified a lot of occlusion concepts that almost every dentist barely understands. After this course, every dentist will have a clear starting point and will be able to implement an occlusion concept in treating every dental patient and help patients improve not only their oral health, but also their overall health and well-being."

Byron Jenaro Junio, General Practitioner, Edmonds, WA

"Dr. Heike Kraemer is a great teacher. I have attended numerous occlusion courses over the years, but her explanations are simple, precise, and easy to understand, and will be very helpful in implementation in daily practice. I have been needing a workflow for initial



diagnosis and treatment planning, and I believe I have found it in this course. Thank you!"
Deepak Shetty, General Practitioner, San Jose, CA

"I love Heike's thought-provoking approach. She is very thoughtful and has great basic science content. I like the non-cookie cutter approach to empower GP's to do better work. Thanks Heike and Miles".
Scott Pentecost, General Practitioner Nelson, BC, Canada

"I came into this course wanting to improve my knowledge of occlusion concepts and prevent failures in dentistry. I believe this course has provided ready-to-implement techniques that I can immediately implement and improve outcomes for my patients."
Antonio Cutlatsakes, General Practitioner, New York, NY

"I am still at the beginning, but the course is exciting and promising. Nowhere would I learn how, why, and when to intervene in early childhood development to affect the overall growth and potential. Also, how to set up my cases pre-restoratively for stability with occlusion and function afterwards, and longevity of my patient's dentition."
Aleksandra Shaykova, General Practitioner, Lake Mary, FL

"IDEA teachings and techniques compliment the forward process of the overall health and wellbeing of the patients."
Rabi Danesh, General Practitioner, Fairfax, VA

"I loved how detailed everything is presented and repeated. Very welcoming and loving environment. Heike is passionate about dentistry and teaching. All effort done for participants to leave with a lot of knowledge. Thank you!"
Sona Asatryan, General Practitioner, Pasadena, CA

"This course was such an eye-opening experience. I feel ready to take on more advanced patient occlusion issues with confidence, and evidence-based awareness."
Cassandre Joseph, General Practitioner, Summerfield, NC

"An excellent course with caring faculty, who ensure the information is passed down in a logical and applicable way. The philosophy that guides treatment should be adopted by every healthcare worker. Highly recommended for anyone who wants to do what is best for our patients. Excellence in treatment starts with Excellence in diagnosis."
Anthony Deza, General Practitioner, Murrieta, CA

"This concept is a game changer!"
Tuan Anh Ngo, Orthodontist, Ho Chi Minh, Vietnam



"Awesome course! The group size is great, you get more 1-on-1 time and it's easy to interact with instructors, and the learning is comprehensive. This course allows me to have a better connection between all aspects of dentistry; it's putting everything together. I will be back!"
Rene Chiasson, General Practitioner, Vancouver, BC, Canada

"The course content is amazing; it feels like enlightenment! It is a paradigm shift in ideology. The whole team is amazing, so friendly and welcoming. It is a wonderful environment to learn in. Nothing is too much trouble.
And the quality of the teaching is second to none, such advanced content delivered with such humility. Thank you!"
Nicola Ritchie, General Practitioner, Maidwell, United Kingdom

"Best instructors for diving in deep and becoming a master head and shoulders above the rest."
Alexander Chukreeff, General Practitioner, San Francisco, CA

"I wish I attended the courses at IDEA earlier."
PeiWei Hsu, General Practitioner, Taipei, Taiwan

"IDEA is the number 1 source of dental CE in my dental career. I appreciate the top dental professionals from all over the world, and I have learnt a ton! I will surely be back."
Xiaomei Sui, General Practitioner, Aurora, CO

"This course is amazing. I have taken most of the other big occlusion courses, and yet this was by far the most comprehensive. The instructors are amazing, and the concepts developed by Slavicek and Sato are simple, predictable, and most importantly very conservative. I highly recommend this course."
Joonyon Park, General Practitioner, Kanata, ON, Canada

"This program has been very eye opening. The material covered is something so important that it is shocking that we (as dentists) haven't been shown the importance of these concepts. I am very eager to learn more, implement this in my practice and help my patients. 'The facility and staff are exceptional, and the speakers and Dr. Heike are excellent, friendly, and so knowledgeable."
Martha Iturriaga, General Practitioner, San Jose, CA

"The Content and knowledge I received were outstanding. For the first time in my dental career, I feel like I have an understanding of the proper principles of occlusion."
Chris Anderson, Orthodontist, Gilroy, CA



"Many thanks for sharing your life's work, expertise, and then break down the concepts to our level! This course was amazing connecting the dots! Heike, you have an exceptional ability in reading our thoughts before we even know what we want to say!

If dentists want to avoid failures and set up to stable restorations for life, they must understand how the teeth relate to the jaw, and how the condyles function in harmony with occlusion. There's no better place to learn why occlusion matters and how to achieve appropriate occlusion than at IDEA! The faculties are leading experts, and the facility is state-of-the-art. One year into occlusion medicine and I see this is the proper way to achieve long-term stability."

Jenny Stevens, Prosthodontist, San Antonio, TX

"I initially wasn't sure if I should enroll in a 3-year program, but after attending the Occlusion course I'm glad I did. This is the only program that respects the human body, and as a healthcare provider, I want to make sure I can provide the best for my patients."

Jasmine Sung, General Practitioner, Houston, TX

"This has been a truly eye-opening experience. The knowledge imparted during this course cannot be ignored as an orthodontist or dentist practicing any specialty - invaluable insights for raising the bar in your practice. I highly recommend a visit to this unique training facility for guaranteed professional renewal!"

Sheetal Patel, Orthodontist, London, United Kingdom

"Without biased information given by economical interest is excellent; an evidence based up to date clinical hands-on course. Thank you for your professional gift."

Michael Sostmann, Orthodontist, Hannover, Germany

"There are rare moments in my life where I learned something so profound that it brings tears to my eyes. There was a moment where Dr. Velasquez so eloquently explained the inner working of the human skull and how it relates to occlusion, just connected many dots for me.

I am so grateful for this opportunity to learn from those who are so passionate about the art and science of dentistry and how it affects the whole person."

Jenny Stevens, Prosthodontist, Honolulu, HI

"This course is superb. It debunks the complicated in Occlusion and makes it so relevant to everyday practice. Quality education with a superb educator - Heike was brilliant in a friendly welcoming atmosphere."

Nicola Ritchie, General Practitioner, Maidwell, United Kingdom

"As a maxillofacial surgeon, I am so impressed - after all the cases that I have done with orthognathic surgery, to see what is possible to treat with Sato orthodontic treatment only. It's a miracle. I will change my way of practicing and that will help a lot of patients."



Quang-Phi Tran, Maxillofacial Surgeon, Ho Chi Minh City, Viet Nam

"I have loved my time at IDEA and love the courses I have taken thus far. The evidence-based dentistry with humanistic approach is inspiring, and how I want to practice and treat my patients."

Enos Heinzen, General Practitioner, Red Bluff, CA

"Amazing pursuit to find the root cause(s)."

Alexander Chukreeff, General Practitioner, San Francisco, CA

"IDEA is an oasis. If there are any courses you'd take, first consider attending one at IDEA. Extremely professional, top-notch lecturers. It will bring your professional knowledge to a level you never expected."

Geert De Zutter, Orthodontist, Turnhout, Belgium

"Listening to Dr. Kraemer and her approach to dentistry and treating her patients makes me feel good about my profession. Thinking that they are practitioners that see the patient's health in such a wholesome approach makes me excited about the future of dentistry. More hope rather than despair for the future of dentistry. "

Zarrin Ferdowsi, General Practitioner, Kensington, CA

"This course gave me inspiration to treat TMJ cases. I was impressed with mixed dentition cases that were treated simply with great results. Also, the surgical TMJ case that was treated without surgery was truly amazing. This makes me want to continue to practice dentistry and not retire as I thought I would do in 2 years, so I can help patients get better and do things that aren't possible with other dental practices."

Gary Lewandowski, General Practitioner Seaback, WA

"Very comprehensive and well-rounded course. Provided a thorough understanding of the tie between Occlusion and TMD. Knowledge gained is applicable no matter which stage you are in your practice. Thank you."

Melina Moeiki, General Practitioner Laguna Niguel, CA

"An eye opener course, it makes you rethink all the concepts you learned in dental school or any other course. A mind-expanding course. Thank you!"

Mouna Hachichou, General Practitioner, Surrey, BC, Canada

"I enjoyed attending this course. It is an eye-opening course for me. I love Heike's way of teaching, using cases and tools to help with thinking and understanding the occlusion concept and impact on skeletal formation and how nature helps with adaptation, when it given the opportunity. Thank you."

Farnaz Chegini, General Practitioner Redding, CA



"IDEA teaches the occlusion and function-oriented orthodontics in relation to the craniomandibular system. A very accurate diagnosis, based on condylograph, cephalometrics and all this information transferred to articulator mounted casts is included in this course. Once you step into it, I'm sure it will help you to set the standard of dental service we provide to the highest possible level!"

Petros Kokkinos, Orthodontist, Limassol, Cyprus

"Dr. Heike Kraemer is an encyclopedia of dental knowledge. I appreciate the honesty and how to apply techniques in practice and expectations management predicted by patient and practitioners."

Tripti Joshi, General Practitioner, Redwood City, CA

"This course exceeded my expectations. I can validate other testimonials I read prior to taking this course regarding occlusion; it's an eye-opening class. Thank you, Dr. Heike."

Giovanni Caballero, General Practitioner, Clarksburg, MD

"This occlusion course was excellent! Definitely I will incorporate what I have learned. The treatment planning was what I liked most. Dr. Kraemer was perfect and clearly explained. The overall experience was exceptional!"

Susan Casipit, Orthodontist, Lingayen, Philippines

"This is a great class. It gave me more information on what is going on with my patients' occlusion and TMJ. It gave me a new perspective on how to look and diagnose the problems as well."

Geoffrey Pena, General Practitioner, Tracy, CA

"An excellent course changed my way of thinking of the way to diagnose and treatment plan occlusion cases. Very happy with the course."

Rajiv Garg, General Practitioner, Hemet, CA

"Occlusion was, and still is, a quick of discussion in school. This course has been helpful in showing me occlusion in 3-dimension and understanding how everything comes together and works together."

Teresa Le, General Practitioner, Pomona, CA

"Dr. Kraemer is very knowledgeable. She is really thorough. If you want to expand your knowledge and your horizons, this is the place to be."

Navneet Kaur, General Practitioner, Loomis, CA

"Learning the correct way to diagnose a patient in a step-by-step method will allow the dentist/orthodontist to treat the patient in a stable occlusion. This is excellent information that every dentist MUST KNOW. I will definitely spread the word to learn more."

Dharmesh Mistry, Orthodontist, Johannesburg, South Africa



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“I appreciated the comprehensive nature of the class. I believe I can now reliably find RP consistently, in the easiest of fashions. I especially like that obtaining RP is without the manipulation of the patient’s jaw, allowing the “human articulator” to provide the proper location. I believe this will allow for more accurate diagnosis and better patient outcomes. Thanks again for a great course. Highly recommended!!”
Richard Alvarez, General Practitioner, Republic, MO